

## Sewing Tutorials

HOW TO SEW A FACE MASK BY

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SLAC & COCO'S

#### How to Sew a Face Mask

With the current situation a Face Mask is a necessity. You can add a non-woven fabric to make it a Surgical Mask and avoid paying \$\$\$ from buying them.

I have made a few for my family and friends, thought I'll share with you how to sew a face mask.

This is not a surgical mask but it may prevent you from catching the virus and can be adapted as a surgical mask provided that you use the right fabric. More on this later.

This is a super simple tutorial.







#### Material

12" x 6" prewashed cotton fabric

10" x 6" lining fabric (preferably cotton again)

16" Round Cord elastic band

Face Mask Sewing Pattern

Tracing Wheel

Carbon Paper









## Tools

Sewing machine

Iron and ironing board





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### How to sew a Surgical Mask

This easy to follow tutorial will show you how to sew a face mask using any non women fabric lined with any cotton fabric.



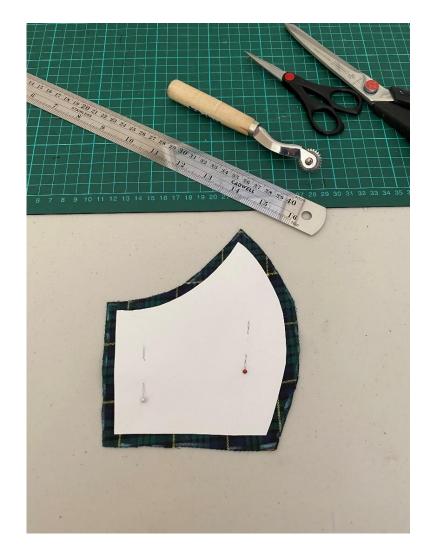




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# STEP 1: Print the pattern

Before you start, you need to download and print the pattern. You can download the pattern.
Fold the fabric facing wrong sides, pin the paper pattern onto the layered fabric. Cut it out with a 1cm allowance seam allowance.



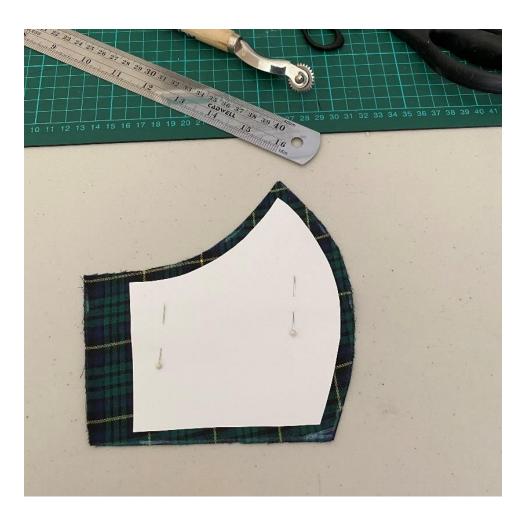




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# STEP 2: Two front pieces cut out

In step 2 we will fold the fabric facing wrong sides, pin the paper pattern onto the layered fabric. Cut it out with a 1cm seam allowance, except the ear side; cut 2.5cm seam allowance as shown in the picture.







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# Two front pieces complete

Face the right sides and sew with a 1cm allowance on the centre of the face mask.







### The centerline

When both pieces are sewn, it should look like this.







#### Sewn around

When the Face Mask is attached with the 1cm sewing allowance around this is how it looks.







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# Seam for the elastic

Press the Face mask and make it look neat before you to the seam to pass the elastic.







### Almost ready

This is how it looks when it's all done and ready to fasten the elastic.







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### Finished Face Mask

This is the complete Face Mask.







## Completed Face Masks

These are a few I've made with different fabric to identify each Face Mask.

**HAPPY SEWING** 





